

# SIZE CHARTS

## HOW TO MEASURE

When providing measurements please give actual measurements. We add room for movement during manufacture.

## LADIES

**BUST** - Measure your bust around the fullest part.

**WAIST** - Measure your waist around the natural waistline.

**HIPS** - Measure your hips around the fullest part, about 8" or 20cm below the waist.

**SKIRT/DRESS LENGTHS (INC WAISTBAND)** - These are included on the size chart, check the given length against yourself to see where that particular hemline would be on you. Measure for dress lengths from nape of neck to length required.

## MEN

**COLLAR** - Double check your measurements with one of your most comfortable shirts.

**CHEST** - Measure under your arms and around the fullest part of your chest.

**WAIST** - Measure your waist around the natural waistline.

**INSIDE LEG** - With your feet slightly apart, measure from the crotch downwards, to the length that you prefer.



## LADIES SIZE RANGE

	6	8	10	12	14	16	18	20	22	24	26	28	30	
<b>Bust</b>														
<	in 28	30	32	34	36	38	40	42	44	46	48	50	52	>
	cm 71	76	81	86	91	96	101	106	111	116	121	126	131	
<b>Hips</b>														
<	in 30	32	34	36	38	40	42	44	46	48	50	52	54	>
	cm 76	81	86	91	96	101	106	111	116	121	126	131	136	
<b>Dress length</b>														
(short) in	40	40	40	40	42	42	42	42	42	42	42	42	42	
(short) cm	101	101	101	106	106	106	106	106	106	106	106	106	106	
(reg) in	42	42	42	42	44	44	44	44	44	44	44	44	44	
(reg) cm	106	106	106	106	112	112	112	112	112	112	112	112	112	
(long) in	44	44	44	44	46	46	46	46	46	46	46	46	46	
(long) cm	112	112	112	118	118	118	118	118	118	118	118	118	118	
<b>Trouser length*</b>														
(short) in	27	27	27	27	27	27	27	27	27	27	27	27	27	
(short) cm	69	69	69	69	69	69	69	69	69	69	69	69	69	
(reg) in	29	29	29	29	29	29	29	29	29	29	29	29	29	
(reg) cm	74	74	74	74	74	74	74	74	74	74	74	74	74	
(long) in	31	31	31	31	31	31	31	31	31	31	31	31	31	
(long) cm	79	79	79	79	79	79	79	79	79	79	79	79	79	

\*Lengths may vary slightly depending on style.

## KEY:

Standard stock size range	Special size surcharge
Price as per current price list	Please add 50% to Made to Order price in our current price list

## Made To Order\*

Our comprehensive stock range will in most cases provide you with the ideal uniform. However, if you wish to use an alternative colour combination then our made to order service offers unbeatable flexibility. The made to order symbol denotes that that catalogue style can be manufactured in a wide range of colour and fabric options. See colour chart for further details.

Made to order only styles are subject to a minimum order of 50 per style and colour, subject to availability.

All prices exclude VAT, which should be added at the current rate.

# GARMENT CARE

## MENS SIZE RANGE

	14.5	15	15.5	16	16.5	17	17.5	18	18.5					
<b>Collar</b>														
in	37	38	39	41	42	43	44	46	47					
cm	94	96	99	104	106	109	111	116	119					
<b>Chest</b>														
<	in 32	34	36	38	40	42	44	46	48	50	52	54	>	
	cm 81	86	91	96	101	106	111	116	121	126	131	136		
<b>Waist</b>														
<	in 26	28	30	32	34	36	38	40	42	44	46	48	50	>
	cm 66	71	76	81	86	91	96	101	106	111	116	121	126	
<b>Trouser length (inside leg)</b>														
(short) in	29	29	29	29	29	29	29	29	29	29	29	29	29	
(short) cm	74	74	74	74	74	74	74	74	74	74	74	74	74	
(reg) in	31	31	31	31	31	31	31	31	31	31	31	31	31	
(reg) cm	79	79	79	79	79	79	79	79	79	79	79	79	79	
(long) in	33	33	33	33	33	33	33	33	33	33	33	33	33	
(long) cm	84	84	84	84	84	84	84	84	84	84	84	84	84	

## TIPS

Always read the garment care label before laundering

Never cram too much into your washing machine as this will hinder cleaning and may cause creasing

Always wash new, dark coloured garments before wearing to prevent colour migration onto undergarments

Wash white and dark colours separately to prevent staining

Wash garments regularly to prevent soil build up, which can be harder to remove

Tumble drying is not an exact science, as the temperatures cannot be regulated, it can lead to fabric shrinkage or damage, avoid wherever possible

100% cotton garments should be treated with care, as they are prone to shrinkage, especially if they are subjected to high temperatures

Ironing your garments whilst they are slightly damp will make crease removal much easier

The use of fabric softeners and conditioners may be detrimental to the long term performance of some fabrics, as their softening effect can lead to faster fabric abrasion

## UNISEX SIZE RANGE

	XS	S	M	L	XL	XXL
<b>Bust/chest</b>						
in	30/32	34/36	38/40	42/44	46/48	50/52
cm	76/81	86/91	96/101	106/111	117/122	127/132
<b>Waist</b>						
in	24/26	28/30	32/34	36/38	40/42	44/46
cm	61/66	71/76	81/86	91/96	102/107	112/117



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